

District 30 Newsletter

district30aa.com

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Volume 2, Edition 2

Message from The District Chair

Greetings District 30

I want to thank everyone who attended the last District 30 meeting on November 20 at the Unanimity Club and once again thank all the folks from Awakenings (NS) for all their help setting up and tearing down. I am already looking forward to our next District 30 meeting in Checotah on March 12, 2017. I

many wonderful and loving people there are, not only in District 30 and the state of Oklahoma but in the world for that matter that love Alcoholics Anonymous just as much as I do. I think what makes our fellowship so special is that we have love and compassion not only for the current members of our

Next District Meeting

March 12, 2017

Fellowship @ 9 am Meeting @ 9:30

will get a flyer together soon and get it in your hands.

Like many of you I traveled to Oklahoma City on Sunday December 4 for the Area 57 Quarterly Meeting. I had a lot of time to ponder during my lone wolf trip there and back. I had an overwhelming sense of gratitude come over me when I thought about all the other people that were headed to Oklahoma City that day. I sometimes lose track of how

fellowship but most importantly for the suffering who have yet to find their way to our doorstep. I wondered what my life would be like today had I not been welcomed into the arms of AA or if I would even still be alive. I wondered what my life would be like without the strong presence of God guiding my way. Quickly my thoughts turned to

District Committee

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Bridge the Gap- Atoka B

Cooperation's with
Professional Community-
Zach S

Corrections- OPEN

Grapevine- Thomas G

Gratitude- Michael B

Language Services- John H

Public Information- Wayne

Policy and Procedures-
David C

Technology- Diane N

Treatment- Patrick D

District Chair- Matt L

Secretary- Nicole M

Treasurer- Dewey S

people I have come into brief contact with during meetings at various institutions and even in my own home group. Where did they end up? are they sober? are they alive? Did I do everything in my power to make sure the hand of Alcoholics Anonymous was stretched out to welcome them in from the darkness? Then I realized that is why I was driving to Oklahoma City that day and why I choose to

serve my homegroup, my cluster, my district and my community. I want to feel in my heart that I am doing the best I can to welcome the next suffering alcoholic into this unbelievable fellowship so their life can change as dramatically as mine has.

I'd like to wish everyone a wonderful Christmas and Happy New Year and I very much look forward to

trudging the road with you in 2017. May God bless you and keep you till then.

Your humble servant,

Matt Lane,

District 30 Chair

Archives Report

Submitted by Barbara

I want to thank those of you that expressed an interest in doing your group's history and doing a Long Timer Report. If you will please take the time to do those and get them back to me, we will get them to the Area 57 State Office.

You can go to aaoklahoma.org; committees; archives; the forms can be printed out and please bring them to the next district meeting.

Thanks for your help and service,

Barbara L

Bridge the Gap Report

Submitted by Atoka B

No report submitted this quarter

CPC Report

Submitted by Zach S

My primary focus since becoming the district 30 CPC chair has been on visiting with students in a classroom setting that are majoring in helping professions. This is a great opportunity to impact future professionals while they are captive and before they become too busy. In the month of September I was invited to NSU, and TCC in both cases the students were future social workers. For the month of October I have been invited to meet with a student organization at TCC know as TACKLE. Frankly I have no idea what it stands for, but TACKLE is a student organization for students who hope to one day work in the field of substance abuse, or are in recovery themselves. Late in the month of October I will be visiting with another class from TCC as well. I am also currently trying to solidify a date to speak to seniors in NSU's social work program. I also hope to have the opportunity to share AA's message with graduate and medical students at the OU Schusterman Center before the semester comes to a close. I would also love to have a female volunteer to join me in these presentations-Preferably with six months of sobriety.

So if you know of anyone looking for some service work please have them email the district 30 CPC email. Thank you so much for allowing me the honor to serve the district and carry the message!

Best Wishes,

Zach S.

Corrections Report

Submitted by Mara W

Hi all. Things are going well in corrections. I've had a few people show interest in going into institutions and I've linked them with this opportunity. Thanks to the ladies who regularly go to the prisons and jails. There is always a need in corrections, so if you're interested please contact me. Hope everyone is enjoying the holiday season.

Mara

Grapevine Report

Submitted by Thomas G

Hello fellow travelers, trudgers, and friends of Bill W. Before I get going, thank you Matt for this opportunity and thank you to our past Grapevine chair Monika for helping me get a grasp on how we get to carry the message. This past weekend, Grapevine had our table set up at the Big Meeting where we were able to donate a subscription to the Grapevine provided by our Area Grapevine Chair. I'm working in conjunction with District 40 to acquire used Grapevines in order to distribute them to the Men's Correctional Facility in Cushing and any other treatment/correction areas that desire our meeting in print. Grapevine currently has a "Holiday Special", Buy one GIFT subscription and receive 57% off the 2nd gift subscription. Aside from that I've been asking around for ideas in order to better share the message with Grapevine and I look forward to hearing any of your suggestions. If you need any information, help submitting your story, or would like to set up a story submitting session for you and some friends please let me know. So far I have not met with anyone making use of any digital Grapevine subscriptions. If you or someone you know has any feedback regarding that side of the Grapevine I would love to hear it. If you would like to be of service in this area please contact me. Thank you for letting me be of service and I look forward to seeing you soon!

Thomas G

Ok Gratitude Plan Report

Submitted by Michael B

No Report Given

Language Services Report

Submitted by John H

I am happy to report that I have received several suggestions from members that I will try to implement during my tenure as Language/Special Needs Accessibility Committee Chair. One suggestion in particular stands out and it concerns providing wheelchairs at the State Conference. The example for the necessity of doing so, that was shared, dealt with an AA member with COPD that had an extremely difficult time making it to each session and various workshops during the State Conference in Tulsa. Persons with COPD can easily run out of breath and walking any distance is difficult. How nice it would be to have access to a wheelchair, and someone to push them in it at the next state conference. I would hate to make a decision on whether or not to attend a State Conference based entirely on the difficulty to walk any distance. We can do better than that and we should. My plan is to have a few wheelchairs donated for the weekend of the State Conference in OKC next year. So, anyone that would like to volunteer for some service work and help get special needs AA members to workshops and general sessions, please contact me.

Getting the word out about an American Sign Language certified interpreter is paying off. I received a message from Northeast Central Services requesting information on putting a group in touch with an interpreter. I forwarded information to Central Services and hopefully the information was helpful putting the parties together. I am grateful that so many members that attend district meeting are willing to share their suggestions with me. I hope that the ideas we can work on will get implemented. Being a chair for a standing committee is proving to be rewarding and very educational.

Peace, John H

Public Information Report

Submitted by Wayne L

We have finished up our 2016 commitments.

OCT - 8th TTC Health Fare (#4 W Campus)

- 8th TTC Nursing class Owasso Campus
- 15th OU Nursing class (Schusterman Center)
- 22nd TTC All Staff Wellness Day

(S E Campus)

DEC - Job Corp to Resume monthly meeting in Jan 2017.

No other events schedule this year.

Thanks

Wayne Loucks

Policy and Procedures Report

Submitted by David C

No report submitted this quarter

Technologies Report

Submitted by Diane N

This last quarter has been extremely busy and really exciting as we have launched the new district 30 website. District30aa.com is a huge success and I hope everyone is enjoying and using it now. We are continuing to add things and improve it as we ask what the fellowship wants. I recently added a submit report option for DCM and committee chairs to submit their reports. I am still currently working on getting the group contributions live. We have had over 500 visitors in this past quarter with a average of 1000 pages viewed. 63% of our website views are on a mobile device. Please let groups know that any events/ workshops/ etc. can be submitted through the website to be added on the website and also, they can submit bridge the gap blue cards that will go directly to the bridge the gap chair. Future plans are updating policy and procedures to add the website and job duties on there, getting the online donations live, adding a GSR report page. Thank you for letting me be of service. I'm extremely pumped about the website and the endless possibilities to help improve our district and communication so no service work gets lost in the mix.

Thanks, Diane

Treatment Report

Submitted by Patrick D

Thank you, guys, for trusting me to serve district 30 in this position. We have a couple of possible new opportunities coming up that I have just been contacted about in the last couple of weeks. I am still waiting a few of the details, but it looks like 12 and 12 center in Tulsa may have some opportunities for an H and I meeting for detox on Sunday nights. I know a few members are discussing it with their groups to see if they want to take on that commitment, and as I receive more information I will let you know. Also, a couple of others that I don't have enough info yet, but hopefully will soon. If you know of any facilities needing or wanting meetings or a struggling to find enough people to keep current commitments, please let me know. I have talked with the soon to be new area treatment chair and will work together to get as many people the AA message as we can in the next couple of years. Thank you for allowing me to serve and please let me know what I can do for you.

Patrick D
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